

CHOOSING COLOR

Let's narrow it down. Serene and spa-like or cozy and a little moody?



Layer on textiles in a variety of textures.



Create contrast with fields of light colors against dark.



1 SERENE OASIS

Designer Lucy Penfield's bedroom, above, wears Benjamin Moore Simply White, known for its brilliance that's neither too warm nor cool. It's the blank slate she prefers for a bed stacked with layers of neutral textiles and bright colors she can change with the seasons. Yokota is also firmly on Team Pale Paint for its light- and mood-boosting properties. "Light reflects light," she says. "And I mean that physically and emotionally. Lately I've wanted the comfort of creamier whites, like Sherwin-Williams Snowbound. It's crisp yet warm without yellow undertones." Munroe and Hayslett opt for a little more color, choosing pastels, taupes, or warm grays. "They can make a space feel spa-like and meditative," Hayslett says.



SNOWBOUND SW 7004 Sherwin-Williams
Anita Yokota's pick



PINK BLISS 2093-70 Benjamin Moore
Emilie Munroe's pick



PALLADIAN BLUE HC-144 Benjamin Moore
Emilie Munroe's pick



BORROWED LIGHT No. 235 Farrow & Ball
Linda Hayslett's pick

2 SNUG SANCTUARY

Consider going dark if you've got natural light pouring in or want to be enveloped by cozy, velvety richness. Dark paint is versatile. Depending on the rest of your decor, it can feel traditional or modern and playful—it mirrors the personality of what's happening around it. Wearing Farrow & Ball Inchyra Blue on the walls, the bedroom designed by Amie Corley, above, has preppy leanings thanks to the headboard's nailhead trim, but ikat bedding gives it a lively spark. "Chocolate browns, forest greens, and blues with hints of black are built for comfort," Hayslett says. And designer Sara Gilbane opts for deep mossy greens, which are comforting and flattering to most skin tones.



RAILINGS No. 31 Farrow & Ball
Linda Hayslett's pick



MAHOGANY No. 36 Farrow & Ball
Linda Hayslett's pick



STUDIO GREEN No. 93 Farrow & Ball
Sara Gilbane's pick



HALE NAVY HC-154 Benjamin Moore
Emilie Munroe's pick